Mass Mind Control Through Network Television

Are Your Thoughts Your Own?

By Alex Ansary Outside The Box 12-29-5

Why do countless American people go along with the War on Iraq? Why do so many people call for a police state control grid? A major component to a full understanding of why this kind of governmental and corporate corruption is to discover the modern science of mind control and social engineering. It's baffling to merely glance at the stacks of documentation that this world government isn't being constructed for the greater good of humanity. Although there are a growing number of people waking up the reality of our growing transparent soft cage, there seems to be just enough citizens who are choosing to remain asleep. Worse yet, there are even those who were at least partially awake at one time but found it necessary to return to the slumber of dreamland.

This is no accident; this is a carefully crafted design. The drive to dumb down the populations of planet earth is a classic art that existed before the United States did. One component to understanding and deciphering the systems of control is to become a student of the magicians of influence and propaganda. In order to defeat our enemies (or dictators), its imperative that we understand how they think and what they believe in.

When people think about mind control, they usually think in terms of the classic "conspiracy theory" that refers to Project MkUltra. This program is a proven example of 'overt mind control.' The project had grown out of an earlier secret program, known as Bluebird that was officially formed to counter Soviet advances in brainwashing. In reality the CIA had other objectives. An earlier aim was to study methods 'through which control of an individual may be attained'. The emphasis of experimentation was 'narco-hypnosis', the blending of mind altering drugs with carefully hypnotic programming.

A crack CIA team was formed that could travel, at a moments notice, to anywhere in the world. Their task was to test the new interrogation techniques, and ensure that victims would not remember being interrogated and programmed. All manner of narcotics, from marijuana to LSD, heroin and sodium pentothal (the so called 'truth drug') were regularly used.

Despite poor initial results, CIA-sponsored mind control program flourished. On 13 April 1953, the super-secret project MK-ULTRA was born. Its scope was broader than ever before, and only those in the top echelon of the CIA were privy to it. Official CIA documents describe MK-ULTRA as an 'umbrella project' with 149 'sub-projects'. Many of these sub-projects dealt with testing illegal drugs for potential field use. Others dealt with electronics. One explored the possibility of activating 'the human organism by remote control'. Throughout, it remained a major goal to brainwash individuals to become couriers and spies without their knowledge.

When it was formed in 1947, the CIA was forbidden to have any domestic police or internal security powers. In short, it was authorized only to operate 'overseas'. From the very start MK-ULTRA staff broke this Congressional stipulation and began testing on unwitting American citizens.

Precisely how extensive illegal testing became will never be known. Richard Helms, CIA Director and chief architect of the program, ordered the destruction of all MK-ULTRA records shortly before leaving office in 1973. Despite these precautions some documents were misfiled and came to light in the late 1970's. They laid bare the spy agency's cynicism. Despite the widespread knowledge of MK Ultra and the civil lawsuits that followed, this form of behavior modification is not the most expansive. The real dangers are the types of thought control that are 'covert' and not the subject of several dozen Hollywood movies like "Clockwork Orange" and Mel Gibson's "Conspiracy Theory."

Our founding fathers faced enormous challenges in the formation of this country and its bill of rights. One challenge was laying down the groundwork or a free society without knowing what kind of technological advances would be made. Who would have guessed in those times that we needed an article in the bill of rights that specifically prohibits the government and it's associates from engaged in mind control or thought control. The closest item that promises our protection from the government is the 4th Article in The Bill of Rights which states, "The right of the people to be secure in their persons, houses, papers, and effects, against unreasonable searches and seizures, shall not be violated, and no warrants shall issue, but upon probable cause, supported by oath or affirmation, and particularly describing the place to be searched, and the persons or things to be seized." Like many are now beginning to note, the US Constitution and its Bill of Rights are merely given lip service by our supposedly elected officials.

One of the most common examples of mind control in our so-called free and civilized society is the advent and usage of the television set. This isn't to say that all things on TV are geared towards brainwashing you. They're not. But most of the programming on television today is run and programming by the largest media corporations that have interests in defense contracts, such as Westinghouse (CBS), and General Electric (NBC). This makes perfect sense when you see how slanted and warped the news is today. Examining the conflicts of interest is merely glancing at the issue,

although to understand the multiple ways that lies become truth, we need to examine the techniques of brain washing that the networks are employing.

Radio isn't any different in its ability to brainwash a population into submission. Sixty-seven years ago, six million Americans became unwitting subjects in an experiment in psychological warfare. It was the night before Halloween, 1938. At 8 p.m. CST, the Mercury Radio on the Air began broadcasting Orson Welles' radio adaptation of H. G. Wells' War of the Worlds. As is now well known, the story was presented as if it were breaking news, with bulletins so realistic that an estimated one million people believed the world was actually under attack by Martians. Of that number, thousands succumbed to outright panic, not waiting to hear Welles' explanation at the end of the program that it had all been a Halloween prank, but fleeing into the night to escape the alien invaders.

According to researcher Mack White (http://www.mackwhite.com/), "Psychologist Hadley Cantril conducted a study of the effects of the broadcast and published his findings in a book, The Invasion from Mars: A Study in the Psychology of Panic. This study explored the power of broadcast media, particularly as it relates to the suggestibility of human beings under the influence of fear. Cantril was affiliated with Princeton University's Radio Research Project, which was funded in 1937 by the Rockefeller Foundation. Also affiliated with the Project was Council on Foreign Relations (CFR) member and Columbia Broadcasting System (CBS) executive Frank Stanton, whose network had broadcast the program. Stanton would later go on to head the news division of CBS, and in time would become president of the network, as well as chairman of the board of the RAND Corporation, the influential think tank which has done groundbreaking research on, among other things, mass brainwashing. Two years later, with Rockefeller Foundation money, Cantril established the Office of Public Opinion Research (OPOR), also at Princeton. Among the studies conducted by the OPOR was an analysis of the effectiveness of "psycho-political operations" (propaganda, in plain English) of the Office of Strategic Services (OSS), the forerunner of the Central Intelligence Agency (CIA). Then, during World War II, Cantril and Rockefeller money assisted CFR member and CBS reporter Edward R. Murrow in setting up the Princeton Listening Center, the purpose of which was to study Nazi radio propaganda with the object of applying Nazi techniques to OSS propaganda. Out of this project came a new government agency, the Foreign Broadcast Intelligence Service (FBIS). The FBIS eventually became the United States Information Agency (USIA), which is the propaganda arm of the National Security Council. Thus, by the end of the 1940s, the basic research had been done and the propaganda apparatus of the national security state had been set up--just in time for the Dawn of Television."

Experiments conducted by researcher Herbert Krugman reveal that when a person watches television, brain activity switches from the left to the right hemisphere. The left hemisphere is the seat of logical thought. Here, information is broken down into its component parts and critically analyzed. The right brain, however, treats incoming data uncritically, processing information in wholes, leading to emotional, rather than

logical responses. The shift from left to right brain activity also causes the release of endorphins, the body's own natural opiates--thus, it is possible to become physically addicted to watching television, a hypothesis borne out by numerous studies which have shown that very few people are able to kick the television habit. It's no longer an overstatement to note that the youth today that are raised and taught through network television are intellectually dead by their early teens.

The dumbing down of humanity is represented by another shift which occurs in the brain when we watch television. Activity in the higher brain regions (such as the neocortex) is diminished, while activity in the lower brain regions (such as the limbic system) increases. The latter, commonly referred to as the reptile brain, is associated with more primitive mental functions, such as the "fight or flight" response. The reptile brain is unable to distinguish between reality and the simulated reality of television. To the reptile brain, if it looks real, it is real. Thus, though we know on a conscious level it is "only a film," on a conscious level we do not--the heart beats faster, for instance, while we watch a suspenseful scene. Similarly, we know the commercial is trying to manipulate us, but on an unconscious level the commercial nonetheless succeeds in, say, making us feel inadequate until we buy whatever thing is being advertised--and the effect is all the more powerful because it is unconscious, operating on the deepest level of human response. The reptile brain makes it possible for us to survive as biological beings, but it also leaves us vulnerable to the manipulations of television programmers. This is where the manipulators use our own emotions as strings to control us. The distortions and directions we are being moved to are taking place in the subconscious, often undetected.

Propaganda techniques were first codified and applied in a scientific manner by journalist Walter Lippman and psychologist Edward Bernays (nephew of Sigmund Freud) early in the 20th century. During World War I, Lippman and Bernays were hired by then United States President, Woodrow Wilson, to participate in the Creel Commission, the mission of which was to sway popular opinion in favor of entering the war, on the side of Britain. Edward Bernays said in his 1928 book Propaganda that, "The conscious and intelligent manipulation of the organized habits and opinions of the masses is an important element in democratic society. Those who manipulate this unseen mechanism of society constitute an invisible government which is the true ruling power of our country."

The Creel Commission provided themes for speeches by "four-minute men" at public functions, and also encouraged censorship of the American press. The Commission was so unpopular that after the war, Congress closed it down without providing funding to organize and archive its papers. The war propaganda campaign of Lippman and Bernays produced within six months such an intense anti-German hysteria as to permanently impress American business (and Adolf Hitler, among others) with the potential of large-scale propaganda to control public opinion. Bernays coined the terms "group mind" and "engineering consent", important concepts in practical propaganda work. The current public relations industry is a direct outgrowth of Lippman's and Bernays' work and is still used extensively by the

United States government. For the first half of the 20th century Betrays and Lip man ran a very successful public relations firm. World War II saw continued use of propaganda as a weapon of war, both by Hitler's propagandist Joseph Gobbles and the British Political Warfare Executive, as well as the United States Office of War Information.

Turn on your local newscast. You have a few minutes of blue-collar crime, hardly any white collar crime, a few minutes of sports, misc. chit chat, random political jibber-jabber, and a look at the weather that no one is forecasting correctly. Is that what happened in your town? And we're supposed to own the airwaves! The mainstream media openly supports the interests of the prison industrial complex. The stories focus on minority criminal groups, and exploit the real threat to appear much more dangerous than they are. Think about the growing per capita number of prisoners in the country. Then remember that this is happening at the same time that our prison boom began. The police on our streets have created criminals. The focus is to keep us in a state of fear, that way the elitists can attack any group they want to without fear of consequence. This is why the media is continuing to craft the timeless art of dehumanization.

The techniques are increasing in their sophistication over time as the mind scientists that serve the empire continue to discover scientific breakthroughs as to how the human brain functions, learns, retains information, and behaves. The most effective brainwashing techniques are used on the most successful propaganda networks. Examine the music bed that lies low during the fright night scope of the second. It's spooky. I wonder if we are supposed to be thinking with our minds or getting ready for stunt. Observe the graphics with the music. They're glitzy and flashing. Like the monkey that is attracted to shiny objects, it's our monkey hand that controls to remote often stops the search for entertainment when the proper amount of glamour catches their attention. Most importantly, notice the repetition behind the lies that the politicians and their corporate media groupies tell us. You see, the unimaginable fallacies are created as 'truth' not because it's logical or provable, but because of the broken record technique. No matter how ridiculous the lie, it's repeated often enough that the brain doesn't know the difference between reality and nursery rhymes. This technique is under estimated in its ability to allow the puppeteers to hypnotize millions of people. Instead of "Fair and balanced" it's "We say it enough times, and you believe it."

It's a tragic day when the state can monopolize on the enslaving and imprisonment of a population. Hollywood will continue to frighten us with films on the mafia, gangsters, and the corrupt blue collar criminal whose stupidity and greed get them caught. In the end, our minds are already pre conditioned to accept living in a police state economy and society because we read it in the paper, saw it praised on the news and talk shows, or saw it in a movie. There are several movies planned right now that support the official story of 911 and a few movies that glamorize the War on IRAQ. According to David L Robb, Author of Operation Hollywood, "Hollywood and the Pentagon have a long history of making movies together. It's a tradition that stretches

back to the early days of silent films, and extends right up until the present day. It's been a collaboration that works well for both sides. Hollywood producers get what they want - access to billions of dollars worth of military hardware and equipment - tanks, jet fighters, nuclear submarines and aircraft carriers - and the military gets what it wants - films that portray the military in a positive light; films that help the services in their recruiting efforts. The Pentagon is not merely a passive supporter of films, however. If the Pentagon doesn't like a script, it will usually suggest script changes that will allow the film to receive the military's support and approval. Sometimes these proposed changes are minor. But sometimes the changes are dramatic. Sometimes they change dialogue. Sometimes they change characters. Sometimes they even change history." They create something coined 'disinfotainment'. They mix disinformation with entertainment and call it disinfotainment.

Unadulterated Violence is now accepted on regular TV. Killing in the name of the mother government is praised, that is unless the violence is committed in self defense to protect someone from the system. Sharp shooters, bombers, and assassin are worshipped if they are fighting for the system, are in the military, or are associated with groups that control the masses locally, such as the local police department. I don't condone violence, however it's hypocritical to support one form of homicide when it favors the elite, and condemn another when it's done to protect your land, freedom, or loved ones. This odd reality transfers itself into the shady world of video games that are stepped in plots and tasks to kill as much as the player can. The players are getting younger and younger with 7 out of 10 children playing games with a 'Mature' rating. Recently I was browsing the PC video game selection at a very large electronics store. I was appalled to see nearly 50 different games in which the setting of the game is IRAQ and the goal is to kill as many insurgents as possible and fulfill the mission. Children today are being indoctrinated through their favorite games and law enforcement programs to be the button pushes of the weapons of mass destruction for tomorrow's world.

Is it any wonder why there are two house bills and a senate bill (with more on the way), which are giant steps in dismantling free speech of the general public. These bills together would kill (PEG) cable access centers where the public still owns the airwaves. It's the programming created locally, without censorship or commercial gain. Their income is derived from franchises within the local cities and a small percentage cable subscriber frees. This is a corporate takeover because this is centralizing communication by removing the locally based programming and moving the audience to the more official, nationalistic, and sensational programs that promotes violence, uniformity, and slavery over peach, diversity and freedom. Cable access features free speech and information with perspectives neglected by mainstream television. It also features a free flow programming system with fresh programs being aired by new producers on a rotating basis. This keeps the content and information creative and locally based while network TV is rigid with regular time slots and repetitive programming.

The blocks of programming that are universally accepted parallel the shift to craft our entire lives towards the factory's bell and the illusion of time. This is the creation of the hive mind. The hive mind is result of massive brainwashing to the general public. Everyone shares the same thoughts, goals, knowledge and understanding. A hive mind society gears itself towards conformity and ignores diversity while masqueraded as the road to utopia in mainstream television. Network programming, weather it's the news or drama, is geared towards artificially creating your world and reality. With the proper amount of entertainment and sensationalism, we may even be living our lives through the television set. Many anchors and actors are beautiful and research shows that attractive people are usually perceived as trust worthy. While the real news rolls quickly by on the bottom of your screen, the anchor is selling you on the idea of having your very own police state hell hole right here in your local jurisdiction, or how 2 sports opposing teams chased around on a court for 2 hours in attempt to score points means something to you. No education, no information, SPIN. Today the media represents a tool of brainwashing and indoctrination that is utilized on behalf of the owners interests.

Since the 1996 Telco act, television and radio stations all across the nation were bought out by major international media outlets. Clear Channel and Infinity are the two largest corporations in radio today. This has centralized the distribution of information and has threatened our free society ever since. The media drums to the heartbeat of its owners, whose interests are not of the general public. Instead they are interested in their other financial endeavors like defense contracting, oil business, political parties, prison industry. The conflicts of interest are monumental with the deregulation of the corporations. The lines are now blurred between one network's coverage of the war and the other.

Once we conclude that the media is intentionally deceiving us, we can apply the principles of problem-reaction-solution. This formula takes a problem by either creating it or allowing it to happen and presenting that to the population. It could be terrorism, molestation, extra terrestrials. These topics create fear and no one in their right mind would support terrorism or crime. It's therefore OK to blast the television, the papers, and radio with 'the problem.' The natural reaction from the people is a request for more control to ensure more safety. Most let their fear and emotional side control their decisions and usually translated into something like, "The government needs more power over our lives to make us safer and freer from tyranny. I believe what the media tells me so I will support whatever decisions they make." Today's mainstream corporate news program discourages dissent of the war and paints activists with a negative brush that hints of treason. At the same time, the so-called journalists are cogs in a much larger machine who know that if they report a story that paints the government in a dark light, is likely to remain on 'the wire' and off the front page.

The most disturbing thing about spending a single hour examining network cable news and modern Hollywood films are the reoccurring themes in the backdrop. The central ideas of countless "investigative reports" or "Friday night special" features are

about a threat of some type over the horizon. The end of the world as we know it is being sold. If the news isn't feeding it to you, then the History Channel or Discover Channel are either talking about the crusades, asteroids, UFOs, earthquakes, terrorism, or exposes about serial killers. They are crafted a message that our world is unstable, and the threat is always an invisible and dangerous one that only our military can fix. When you record and log all the messages, you end up with a script, a screen write produced through the movie studios of Hollywood hell. I am not alone in noting this observation. Local and network news are designing their editorials about despair and fear because the owners, producers, and editors now understand that fear sells. The result are the desired ratings, delivered like expected. The masters of modern spin understand that we like to be terrified. Just look at the success in the action/suspense/terror genres that have plopped onto the conveyor belt and packaged for our glee consumption. When the editors in charge found out that simply plastering a terror alert chart didn't scare the people the same way it used to, they began to kick up the campaign of terror a few notches with new and creative ways to sell the police state.

When you get to the other side of the terror alerts of all shapes and sizes, you find another nightmare masquerading as the savior. The 'Ministry of Truth' will protect you. The mother government is here to rescue you and squash this brown terrorist bug, this gray alien, this avian bird flu, and every other nightmare that the nightly news brought you. The finest public relations specialists take the science of worshipping our kings down to a frame by frame level. George W. Bush is pictured in numerous poises with a hallo around his head. In other pictures, he stands tall with dozens of American flags blowing in the wind behind him. A more blasphemous display features him speaking in front of the cross of Jesus Christ. The message send couldn't be more clearly presented. Our current leaders are of the messiah status and only through them, will we reach the gates of safety. The lie that has been accepted by so many as truth is that this is a religious war. Numerous prime time programs are telling the story of the crusades (without the horrors) to synch our vibrations up to something out of the 13th Century, instead of the 21st Century. If the America people accept the fact that the crusades are here, that George Bush reports directly to god, and that revelations are here, then they have won the war for our minds.

The loudspeaker whispers, "All our problems are by accident, never design." Across the room the system's minion snorts, "If you have nothing to hide, you have nothing to fear." It's that plot that says Middle Eastern terrorists from an Afghan cave are the reason beyond our little, "War on terror." Related messages in the script demonize young minority males and suggest harsh punishments for crimes they commit. They don't come out overtly and state their racist agenda. They come at you from the side by airing the same crime news repetitively, usually when it's committed by the minority group. The networks love the fact that the TV sets the norms in society and today, and hence politically opinion. Who would imagine that in the United States of America, both candidates of both parties in the 2004 election would be members of the Skull and Bones society at Yale University? Out of 290 million Americans, this is the best we could come up with?

It is the decision of the owners to influence producers, editors, and others involved to paint to brush to fit the objective, which is the bottom line. If Sports is what the people want, then they get it, usually in large doses. Multi-media sports (or spectator sports) is just an escape from our own existence. It's like gambling, or drug addiction. It provides that buffer zone of rooting for something with other people that we've been told is good. People's fantasies also lead them to fixating on sports. Its simulated masculinity, in an age where there's a push to change us from men to robots. It's human nature to resist and fight that which is suppressing us. The sociologists and psychologists in areas of influence know this. Spectator sports prove the outlet internationally for what has been stripped away from us. We've lost the right to rebel and change our government through warfare if necessary. Today the bulk of our nation's population today doesn't know what's really going on with the fall of the American dollar and the plans for the transfer of American wealth to other countries. However, most can tell you who the top basketball or football players are. A lot of fans wish they were the stars, out there on the stage, the court, and the drag strip. Either you're "numero uno" in center stage or you're nothing. End of story.

What I never understood when I was in high school was why my peers and friends would act naïve or ignorant in a "Wayne's World" or "Beavis and Butthead" kind of way. What I've learned since then is that the numerous programs that are pimping themselves of as 'entertainment' are actually demo graphed to the lowest common denominator. This is especially true with disc jockeys in Radio today. The reason our airwayes are saturated with jokes and content centered on fart jokes, private parts, borderline racism, and general trash talk is because it is selling. In the meantime, large numbers of our children, young adults, and older audiences are mimicking what they see and hear because the current 'norm' is selling this behavior as cool or 'chic.' When the conditioned is so intense that these forms of content are considered the norm, anything else seems either bizarre or uninteresting to the average American's attention span that is decreasing by the day. Hypothetically, if a producer on a network did get away from a feature story exposing government corruption at the highest levels, chances are the large impact necessary wouldn't be realized because the average viewer's brain has already been conditioned to seek out certain types of disinfotainment.

The media has created the picture perfect society that could exist if we only did things their way, (their interests/government interest). It tells us what happiness is and what it is not and same for love, hate or anything else they can implant into our sub consciousness. We can become the perfect slave to the system through indoctrination given through network TV. Over time the messages are becoming increasingly racist, violent, and dishonest. But the programming began decades ago and few have the eyes to see it for what it has become. We live in a world where the populations give their minds away to the official version of the event, where utopia is right around the corner when big brother is riding shotgun. It's a world where Hollywood can make you believe anything, even that you are free. It's a world in which the prosecutor and the judge sit on the same side of the bench. The most obvious reason that our minds

are being controlled on a massive scale psychologically, is become our culture has been conditioned incriminatingly to a TV, a radio, or a paper. We are given the world reality through a screen, some ink, or radio waves. The truth is hiding in plain site. The indoctrination through these mediums warns us that views other than those presented by them are unimportant and too be condemned. This Administration and media monopoly has a carefully crafted dehumanization program to anyone that dissents the official version of events.

Some people are wrong about 5% of the time. Some are wrong most of the time. I wish I was wrong all the time. A lot of people deal with these intense realities, by asking me rhetorically, "What is the solution, smart guy?" Remember, it's the viewers, the consumers and all the other little votes called dollars that helped this oligarchy system lay its concrete foundation in our backyards. We must recognize the truth about why the system is flawed and enslaving us if we wish to beat it. The most important solution to fighting this type of brainwashing and mind control is to start with ourselves and our own awakening in the smaller things. In this case, it's brainwashing but after awhile we break Outside the Box and begin venturing outside the system and into unknown terrain. Fighting with people and forcing them to understand 'our truth' is not a solution. If our collective free will created this nightmare, than only our collective free will change it. The battle begins in the heart and mind of the beholder, and then extends outward from there, only to those open to the information.

If you choose to travel the road to the truth, then you must be prepared for the obstacles that await you. You may be condemned or criticized by your family, your friends, your lovers, or your co-workers. This is their programming that began at birth that is doing exactly what it's supposed to do. You're going to have to be stronger than that. You must realize that there is a reality that exists outside of this controlled artificial system. Like Indiana Jones in the Last Crusade, he took that 'leap of faith' over the bridgeless canyon in an attempt to get to the other side. Like Neo in the Matrix, he took the red pill from Morpheus in his attempt to cross over to his real self. Once you wake up, it's as if a hypnotist came along and snapped his fingers. You wake up and say to yourself, "Oh my god. I can see it now. Why did it take me so long to wake up?!" For some of you it can be a major shock. Like anything else, take this information and knowledge in stages. If it took a lifetime for them to mold your reality for you, then you know that it may take longer than a day to fully awaken. Remember, the journey of a thousand miles begins with a single step.